

## Hey Girls! (A dance for 2 pairs)

Create a square with two pairs facing each other, remembering that the dark colours are always on the left of each partnership.

### Part 1

#### **Roll forwards to meet your opposite [4]**

The pairs roll forward to meet the pair opposite.

#### **And back [4]**

The pairs roll back to their places.

#### **Meet them again [4]**

The pairs roll forward to meet the pair opposite.

#### **And back again [4]**

The pairs roll back to their places.

#### **Pivot right with your opposite [16]**

Roll forwards to meet the dancer opposite, right shoulder to right shoulder [4]  
Turn round each other clockwise [8] and roll back to your places, turning clockwise again to face into the square. [4]

#### **Pivot left with your opposite [16]**

Roll forwards to meet the dancer opposite, left shoulder to left shoulder [4]  
Turn round each other anti-clockwise [8] and roll back to your places, turning anti-clockwise again to face into the square. [4]

#### **Pivot right with your partner [16]**

Turn and roll to meet your partner, right shoulder to right shoulder [4]  
Turn round each other clockwise [8] and roll back to your places, turning clockwise again to face them again. [4]

#### **Pivot left with your partner [16]**

Roll forwards to meet your partner, left shoulder to left shoulder [4]  
Turn round each other anti-clockwise [8] and roll back to your places, turning anti-clockwise to face them again. [4]

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## **Part 2**

### **Partners meet right [4]**

Roll forwards to meet your partner ribbon to ribbon / right shoulder to right shoulder. [4]

### **And back again, finishing facing your opposite [4]**

Roll backwards to your places, finishing facing into the square.

### **Opposites meet right [4]**

Roll forwards to meet ribbon to ribbon / right shoulder to right shoulder. [4]

### **And back again [4]**

Roll backwards to your places.

### **Darks change places [8]**

Dark colours change places, passing right shoulder to right shoulder and turning clockwise to face into the square again.

### **Lights change places [8]**

Light colours change places, passing left shoulder to left shoulder and making a quarter-turn away from their ribbon / anti-clockwise when they arrive in position.

### **Circle round back to your new places [16]**

Darks make a quarter-turn to your ribbon and everyone rolls round anti-clockwise back to your new places.

### **Lights change places [8]**

Light colours change places, passing left shoulder to left shoulder and turning anti-clockwise to face into the square again.

### **Dark colours change places [8]**

Dark colours change places, passing right shoulder to right shoulder and making a quarter-turn clockwise when they arrive in position.

### **Circle round back to your places [16]**

Lights make a quarter-turn to your ribbon and everyone rolls round clockwise back to your places.

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### **Part 3**

#### **Pivot right with your partner [16]**

Turn and roll to meet your partner, right shoulder to right shoulder [4]

Turn round each other clockwise [8] and roll back to your places, turning clockwise again to face them again. [4]

#### **Pivot left with your opposite [16]**

Roll forwards to meet the dancer opposite, left shoulder to left shoulder [4]

Turn round each other anti-clockwise [8] and roll back to your places, turning anti-clockwise again to face into the square. [4]

#### **Lights stay still, darks roll forwards [4]**

The dark colours roll towards the dancer opposite.

#### **Everyone makes a quarter-turn to your ribbon [2]**

Dancers make a quarter-turn clockwise to the right.

#### **Roll to the other side [4]**

With the light colours moving backwards, each pair rolls to the far side of the square. Stay close together to avoid the other dancers, and make sure you can see your partner's face.

[TIP: This is a pushing movement, a 'pousette', so the dancer rolling forward must ensure they do not go past the dancer travelling backwards who they are 'pushing'. Ensuring that dancers can see their partner's face prevents this, and also enables the dancer travelling forwards to warn their partner if they are about to crash into anything.]

#### **Lights stay still while darks make a quarter-turn away from your ribbon [2]**

The dark colours make a quarter-turn anti-clockwise (left) so they face their opposite.

#### **Darks roll back and lights turn to make the square again [4]**

The dark colours roll backwards to their original places while the lights make a quarter-turn away from their ribbon (left) to face their opposites.

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**Darks stay still, lights roll forwards [4]**

The light colours roll towards the dancer opposite.

**Everyone makes a quarter-turn to your ribbon [2]**

Dancers make a quarter-turn clockwise to the right.

**Roll to the other side [4]**

With the dark colours moving backwards, each pair rolls to the far side of the square. Stay close together to avoid the other dancers, and make sure you can see your partner's face.

**Everyone make a quarter-turn away from your ribbon [2]**

Dancers make a quarter-turn anti-clockwise to the left, leaving the pairs facing again.

**Darks stay still, lights roll back to FINISH [4]**

The dark colours roll backwards to form the square again.

## Hey Girls! Calling Sheet

Create a square with two pairs facing each other, remembering that the dark colours are always on the left of each partnership.

### Part 1

**Roll forwards to meet your opposite [4]**

**And back [4]**

**Meet them again [4]**

**And back again [4]**

**Pivot right with your opposite [16]**

**Pivot left with your opposite [16]**

**Pivot right with your partner [16]**

**Pivot left with your partner [16]**

### Part 2

**Partners meet right [4]**

**And back again, finishing facing your opposite [4]**

**Opposites meet right [4]**

**And back again [4]**

**Darks change places [8]**

**Lights change places [8]**

**Circle round back to your new places [16]**

**Lights change places [8]**

**Dark colours change places [8]**

**Circle round back to your places [16]**

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### **Part 3**

**Pivot right with your partner [16]**

**Pivot left with your opposite [16]**

**Lights stay still, darks roll forwards [4]**

**Everyone makes a quarter-turn to your ribbon [2]**

**Roll to the other side [4]**

**Lights stay still while darks make a quarter-turn away from your ribbon [2]**

**Darks roll back and lights turn to make the square again [4]**

**Darks stay still, lights roll forwards [4]**

**Everyone makes a quarter-turn to your ribbon [2]**

**Roll to the other side [4]**

**Everyone make a quarter-turn away from your ribbon [2]**

**Darks stay still, lights roll back to FINISH [4]**